



**MYA Scottish District**

**Guidance for Resumption of Competitive Radio and Free Sailing**

**In Scotland**

The attached guidance dated 18/8/20 is intended for club sailing and open events including Scottish District Traveller Series and Championships.

It has been approved by RYA Scotland who have confirmed that it fits within the agreement they have negotiated with SportsScotland (the national agency for sport in Scotland) for the return to boating in Scotland.

Importantly, it allows more than 5 persons to be included in the 'field of play bubble' with the limitation on numbers being restricted by the size of the venue. It is important that the competitors and race team are the only people in the bubble and that they cannot go in and out of the bubble once formed.

Cognisance should also be taken of any local restrictions/lockdown.

You should also refer to the [MYA Guidance for Resumption of Competitive Radio and Free Sailing](#) dated 09/08/20 which can be found on the MYA website.



## **MYA Scottish District Guidance for Resumption of Competitive Radio and Free Sailing in Scotland**

18/08/20

We are continuing to monitor the Scottish Government advice and believe that the below measures are appropriate and proportionate. It is important to note that these measures are subject to change at any time and do not take precedence over current government advice/rule. It is the responsibility of each participant to assess their own risk and make their own decision whether or not to participate or continue to participate.

It should also be noted that it may not be possible to implement this guidance at every venue where model yachting is enjoyed.

### General

1. Any participant who has symptoms or family member who has symptoms of Covid-19 should follow government guideline on self-isolation.
2. If symptoms develop participants should inform the organising club by email of the last date they were at the club to allow contact tracing of others can be implemented.
3. Participants should self-isolate if they have been in contact with anyone who has developed symptoms.
4. Physical distancing 2m minimum with non-family members must be maintained at all time.
5. Cough etiquette must be maintained.
6. All events must be run outside. If sheltering is required competitors should do so in their own vehicles, alone.
7. Hygiene must be maintained and it will be the responsibility of participants to do so. Hand sanitizer must be used before and after touching any communal surface including doors, handles, taps, keys, padlocks etc. Participants must bring their own sanitizer sufficient for their own needs.

### Personal

1. Competitors and members of the race team will be required to complete an entry form prior to the event which will include, full name, address, email, phone number, emergency contact name and phone number.
2. All participants must adhere to the facilities and grounds protocols required by the host venue/club.

3. Competitors should travel to and from the venue in their own transport, alone.
4. Competitors should leave the venue as soon as possible on conclusion of the event.
5. When the event is in progress a 'field of play bubble' will be formed and competitors and race officials must stay within the bubble throughout the event and must maintain social distancing 2m minimum at all time. No other person should be within the bubble.
6. Markers will be laid down at 3m intervals and competitors must stand, or sit on their own seat, at their allotted marker throughout the duration of each race.
7. When sailing is in progress members of the race team will stand 3m minimum behind the competitors and apart from each other.
8. When launching and recovering competitors must maintain social distancing 2m minimum. A one way system will be adopted going onto the launching area from the left and leaving on the right.
9. A safety boat will be available but must only be used by one member of the race team and a life jacket must be worn.
10. Participants should bring their own food and drink including water which should not be shared.

#### Clubrooms and Changing Rooms

1. Access to clubrooms and changing rooms is not permitted.
2. Access to a toilet is permitted but only one competitor must enter at any one time and hygiene must be maintained, hand sanitizing and wiping of all surfaces which have been touched.
3. Access to kit storage areas is not permitted except by one member of the race team and only to access and return safety boat and race organisation equipment. Hand sanitizing and wiping of all surfaces which have been touched must be carried out.
4. No spectators will be allowed other than where a nominated person is supervising a child or vulnerable adult. Physical distancing guidance should always be maintained. The control and launching areas should be roped off to make it clear that no person other than the competitors and race team should be within these areas.

### Risk assessment for a typical radio and free sailing event

Activity	Proximity to others	Face to face	Interaction time	Mitigation measures	Residual Risk Level
Registration	2m	Yes	2 mins	Avoid physical contact, ask for email copies of certification prior to event	Medium
Measurement	2m	Yes	5 mins	Avoid if possible or keep to a minimum	Medium
Rigging and packing up	2m	No	10 mins	Allow plenty of room for competitors to rig outside	Low
Launch and recovery	2m	No	2 mins	Race team to monitor	Medium
Practice	3m	No	20 mins	Competitors to stand or sit at their allocated marker	Low
Racing	3m	No	4 hours	Competitors to stand or sit at their allocated marker	Low
Lunch and tuning breaks	2m	Yes	1 hour	To be outside or in competitors own vehicle, alone	Medium
Prize giving	2m	Yes	10 mins	To be held outside with no physical contact	Medium