



MYA Scottish District

Guidance for Resumption of

Competitive Radio and Free Sailing in

Scotland and Northern Ireland

The MYA Scottish District covers the geographic areas of Scotland and Northern Ireland. Different government regulations and guidance apply in these countries. This guidance has been compiled in liaison with the RYA. You should also refer to the [MYA Guidance for Resumption of Competitive Radio and Free Sailing](#).

Scotland

The Scottish Government has introduced a new [strategic framework document](#) for managing COVID-19 which became effective from 2nd November 2020. This provides a 5-Level approach to restrictions with each local authority area (or subarea) placed in a relevant protection level depending upon its COVID-19 status which will be reviewed weekly.

The attached guidance dated 9th November 2020 is intended for club sailing and open events including MYA Scottish District Traveller Series and Championships.

It has been compiled in liaison with [RYA Scotland](#) who have confirmed that it fits within the agreement they have negotiated with [sportscotland](#) (the national agency for sport in Scotland) for the return to boating in Scotland.

Cognisance should also be taken of any local restrictions/lockdown. The introduction of Protection Levels applicable to local authority areas is new as is the guidance regarding travel between these areas. To check what level of measures apply in your area or venue where you intend to participate in activity, please check the postcode on the [Government webpage](#).

Northern Ireland

The main reference is the [Guide to the Coronavirus Restrictions in Northern Ireland and the Public Health Advice](#). This guide will change frequently to reflect changes in the regulations. This version of the guide reflects the regulations as they stand on 3rd November 2020. The restrictions introduced on 16th October are due to be in place for four weeks from 16th October. The attached guidance dated 9th November 2020 has been compiled in liaison with RYA Northern Ireland and is intended for club sailing and open events. [RYA Northern Ireland Return to Boating](#) includes the latest guidance and relevant government advice.



**MYA Scottish District Guidance for Resumption of
Competitive Radio and Free Sailing in
Northern Ireland**

9th November 2020

We are continuing to monitor the Northern Ireland Government advice and believe that the below measures are appropriate and proportionate. It is important to note that these measures are subject to change at any time and do not take precedence over current government advice and laws. It is the responsibility of each participant to apply the government's rules and guidelines. Participants should also assess their own risk and make their own decision whether or not to participate or continue to participate. It should also be noted that it may not be possible to implement the regulations and guidance at every venue where model yachting is enjoyed.

Restrictions on sporting events

You may not organise, operate or participate in an indoor or outdoor sporting event except for the following:

- An indoor sporting event if all participants are elite athletes or members of the same household;
- An indoor sporting event if the participants are one individual and one coach or trainer or one individual and their carer or carers and there is no contact between participants who are not members of the same household;
- An outdoor sporting event where all participating sports persons are elite athletes; or
- An outdoor sporting event if there is no contact between participants who are not members of the same household and there are no more than 15 participants.

For the purposes of these regulations, a **sporting event** includes any gathering of two or more people for the purpose of exercise, competitive sport, recreational sport or sport training, and includes dance.

In addition, individuals are asked to not undertake any 'unnecessary travel'.

MYA Scottish District Guidance for Resumption of Competitive Radio and Free Sailing in Scotland

9th November 2020

We are continuing to monitor the Scottish Government advice and believe that the below measures are appropriate and proportionate. It is important to note that these measures are subject to change at any time and do not take precedence over current government advice and laws. All participants are encouraged to carefully read and understand the government's new [strategic framework document](#). It is the responsibility of each participant to apply the government's rules and guidelines. Participants should also assess their own risk and make their own decision whether or not to participate or continue to participate. It should also be noted that it may not be possible to implement the regulations and guidance at every venue where model yachting is enjoyed.

Update 2nd November 2020

The Scottish Government introduced a new strategic framework document for managing COVID-19 which became effective from 2nd November 2020. This provides a 5-Level approach to restrictions with each local authority area (or subarea) placed in a relevant protection level depending upon its COVID-19 status which will be reviewed weekly.

Key differences between Protection Levels in Scotland

Level 0 – Nearly normal

- Indoor meetings allowed – maximum eight people from three households.
- Fifteen people from five households can meet outdoors

Level 1 – Medium

- Restrictions on indoor meetings between households continue.
- In time, level 1 will allow people to meet in each other's homes, in groups of upto 6 people, from a maximum of 2 households.

Level 2 – High

- No indoor meeting with other households.
- Six people from two households can meet outdoors and in hospitality settings.
- Pubs, bars and restaurants permitted to sell alcohol indoors only with a main meal – and only until 8pm.

Level 3 – Very high

- Alcohol sales not permitted indoors or outdoors. Cafes, pubs and restaurants are allowed to open until 6pm to serve food and non-alcoholic drinks.

Level 4 - Lockdown

- Closer to a full lockdown of the type the UK went into at the end of March, with non-essential shops, hospitality and gyms all being forced to close.
- Some outdoor meeting still allowed.
- Schools will stay open.

How these Protection Levels apply to sport can be found [here](#). The guidance for model yachting, as an outdoor, non-contact sport, is that the field of play bubble can be applied for all ages. However, travel limitations apply to local authority areas as per below.

Travel in Scotland

[RYA Scotland](#) guidance states, "Participants aged 18 years or over (adults) who live in a Level 0, 1 or 2 area should, where possible, minimise unnecessary travel between areas and not travel to a Level 3 or 4 area to take part in organised sport or physical activity. This travel guidance is also applicable to maintenance on boats or equipment."

In addition, [sportscotland](#) states the following:

9.2 Level 4 guidance

- 9.2.1 Participants (all ages) should not drive/be driven in or out of Level 4 areas for the purposes of exercise. Travel in and out of Level 4 areas should only take place during the course of outdoor exercise where it requires the crossing of boundaries, such as walking, cycling, running, or a golf course that straddles the boundary of two areas and starts/finishes at the same place

9.3 Level 0-3 guidance

- 9.3.1 Participants 18 years of age or over (adults) who live in a Level 3 area should only travel locally (within around 5 miles of their local authority area) to take part in sport or physical activity outdoors. Adults living in a Level 3 area should not take part in contact sport or physical activity.
- 9.3.2 Participants aged 18 years or over (adults) who live in a Level 0, 1 or 2 area should, where possible, minimise unnecessary travel between areas and not travel to a Level 3 or 4 area to take part in organised sport or physical activity.

In other words, regarding model yachting:

- If you reside in a Level 4 local authority area, you should not drive in or out of the area.
- If you reside in a Level 3 local authority area, you should only travel within around 5 miles of your local authority area and not travel into a Level 4 authority area.
- If you reside in Level 0, 1 or 2 local authority area, you should not travel to a venue within a local authority area Level 3 or Level 4.

Finally, if you both reside in and will sail in a Level 0, 1, 2, 3 or 4 local authority area, then the "field of play bubble" guidance still applies as previously and as per below:

LEVEL 0, 1, 2, 3 and 4 field of play bubble participation

General

1. Any participant who has symptoms or family member who has symptoms of COVID-19 should follow government guideline on self-isolation.
2. If symptoms develop participants should inform the organising club by email of the last date they were at the club to allow contact tracing of others can be implemented.
3. Participants should self-isolate if they have been in contact with anyone who has developed symptoms.
4. Physical distancing 2m minimum with non-family members must be maintained at all time.
5. Cough etiquette must be maintained.
6. All events must be run outside. If sheltering is required competitors should do so in their own vehicles, alone.
7. Hygiene must be maintained and it will be the responsibility of participants to do so. Hand sanitizer must be used before and after touching any communal surface including doors, handles, taps, keys, padlocks etc. Participants must bring their own sanitizer sufficient for their own needs.

Personal

1. Competitors and members of the race team will be required to complete an entry form prior to the event which will include, full name, address, email, phone number, emergency contact name and phone number.
2. All participants must adhere to the facilities and grounds protocols required by the host venue/club.
3. Competitors should travel to and from the venue in their own transport, alone.
4. Competitors should leave the venue as soon as possible on conclusion of the event.
5. When the event is in progress a 'field of play bubble' will be formed and competitors and race officials must stay within the bubble throughout the event and must maintain social distancing 2m minimum at all time. No other person should be within the bubble.
6. Markers will be laid down at 3m intervals and competitors must stand, or sit on their own seat, at their allotted marker throughout the duration of each race.
7. When sailing is in progress members of the race team will stand 3m minimum behind the competitors and apart from each other.
8. When launching and recovering competitors must maintain social distancing 2m minimum. A one way system will be adopted going onto the launching area from the left and leaving on the right.
9. A safety boat will be available but must only be used by one member of the race team and a life jacket must be worn.
10. Participants should bring their own food and drink including water which should not be shared.

Clubrooms and Changing Rooms

1. Access to clubrooms and changing rooms is not permitted.
2. Access to a toilet is permitted but only one competitor must enter at any one time and hygiene must be maintained, hand sanitizing and wiping of all surfaces which have been touched.
3. Access to kit storage areas is not permitted except by one member of the race team and only to access and return safety boat and race organisation equipment. Hand sanitizing and wiping of all surfaces which have been touched must be carried out.
4. No spectators will be allowed other than where a nominated person is supervising a child or vulnerable adult. Physical distancing guidance should always be maintained. The control and launching areas should be roped off to make it clear that no person other than the competitors and race team should be within these areas.

Risk assessment for a typical radio and free sailing event

Activity	Proximity to others	Face to face	Interaction time	Mitigation measures	Residual Risk Level
Registration	2m	Yes	2 mins	Avoid physical contact, ask for email copies of certification prior to event	Medium
Measurement	2m	Yes	5 mins	Avoid if possible or keep to a minimum	Medium
Rigging and packing up	2m	No	10 mins	Allow plenty of room for competitors to rig outside	Low
Launch and recovery	2m	No	2 mins	Race team to monitor	Medium
Practice	3m	No	20 mins	Competitors to stand or sit at their allocated marker	Low
Racing	3m	No	4 hours	Competitors to stand or sit at their allocated marker	Low
Lunch and tuning breaks	2m	Yes	1 hour	To be outside or in competitors own vehicle, alone	Medium
Prize giving	2m	Yes	10 mins	To be held outside with no physical contact	Medium