



Scottish District Events Standard Sailing Instructions

(Last updated June 2021)

1. Scottish District Events will generally be sailed in accordance with the current World Sailing Racing Rules of Sailing and the current MYA SSI.
2. Discipline - Competitors and race committee members should note that the MYA Scottish District implements the [RYA Racing Charter](#) and all participants are expected to comply with it.
3. Individual events are open to all MYA affiliated members.
4. Only skippers who are affiliated via a MYA Scottish District club may be placed in the overall results for the series in any year.
5. Members of a race committee will be awarded average points from all counting events in which they have sailed that season.
6. Valid IOM measurement certificates are required to be shown at registration for each boat taking part.
7. The Race Officer (RO) briefing will be held at 09:45hrs and no race shall start within 15 mins of the start of the briefing, e.g. for a briefing held at 09:45hrs. No race will start before 10:00hrs. No race will start after 16:00hrs and any race in progress after 16:30hrs will be abandoned.
8. The format of having two races back-to-back followed by a five minute break will be used by default. However, the RO may at his discretion adjust the break times based on local club custom and prevailing conditions.
9. The RO may use a bye boat if circumstances require and each bye boat will be scored a third place (i.e. two third places will be recorded for each race in which a bye boat applies).
10. A timeout of up to three minutes may be called at the end of a race by any skipper who has finished in the last 5 boats. The timeout will commence from the time the skipper recovers his boat to the control area. The RO has discretion to refuse a timeout call where it is apparent that it would significantly delay the racing, or where the skipper has made previous calls.
11. The RO may amend the MYA SSIs where local customs or preferences might apply e.g. break times desired by the host club. In such cases the RO shall notify competitors of such amendments at the RO briefing.
12. Protests – In a change to the standard MYA SSIs, the race committee may use the RYA Arbitration Scheme for Reducing Protest Hearings. The exoneration penalty in the case of arbitration shall be 30% scoring penalty calculated as stated in rule 44.3(c), except that the minimum penalty is three places and a boat shall not be scored worse than the number of boats that came to the starting area. However, if the boat caused injury or serious damage or gained a significant advantage by her breach, her penalty remains retirement. Please note the Race Committee will be required to appoint a Rule Adviser.



Arbitration System Explained

Use this if you want the dispute resolved quickly and simply. This is not as formal as a Protest Hearing and the potential penalty is not as damaging to a boat's score.

1. An incident has occurred and a valid protest is lodged within the normal time limit.
2. All parties agree to opt for RYA Arbitration and meet with a Rules Adviser.
3. The parties describe what happened, and the Rules Adviser will decide whether any witnesses should be called.
4. The Rules Adviser explains what rules may have been broken and whether anyone was in the wrong.
5. A boat in the wrong is asked to accept the post-race penalty.
6. No one is disqualified.
7. If the post-race penalty is not accepted, the protest may go to a formal protest hearing.
8. There are occasional scenarios when it is not possible or correct to resolve a dispute by RYA Arbitration and instead it has to be taken to a formal protest hearing.

